

# Safety Sami Says: Be safe in the sun!

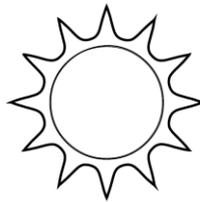


INDIANA UNIVERSITY

SCHOOL OF MEDICINE  
Safety Education and Outreach

- Wear sunscreen to help protect your skin from the sun.
- Wear a hat and sunglasses to protect your face, neck, and eyes from the sun.
- Wear long and loose fitting clothes to help protect your skin from sunburn.
- Drink plenty of water all day! Drinking lots of water can help keep your body healthy and can help you from getting overheated.
- When playing outside, take lots of breaks to sit in the shade, drink water, and rest.

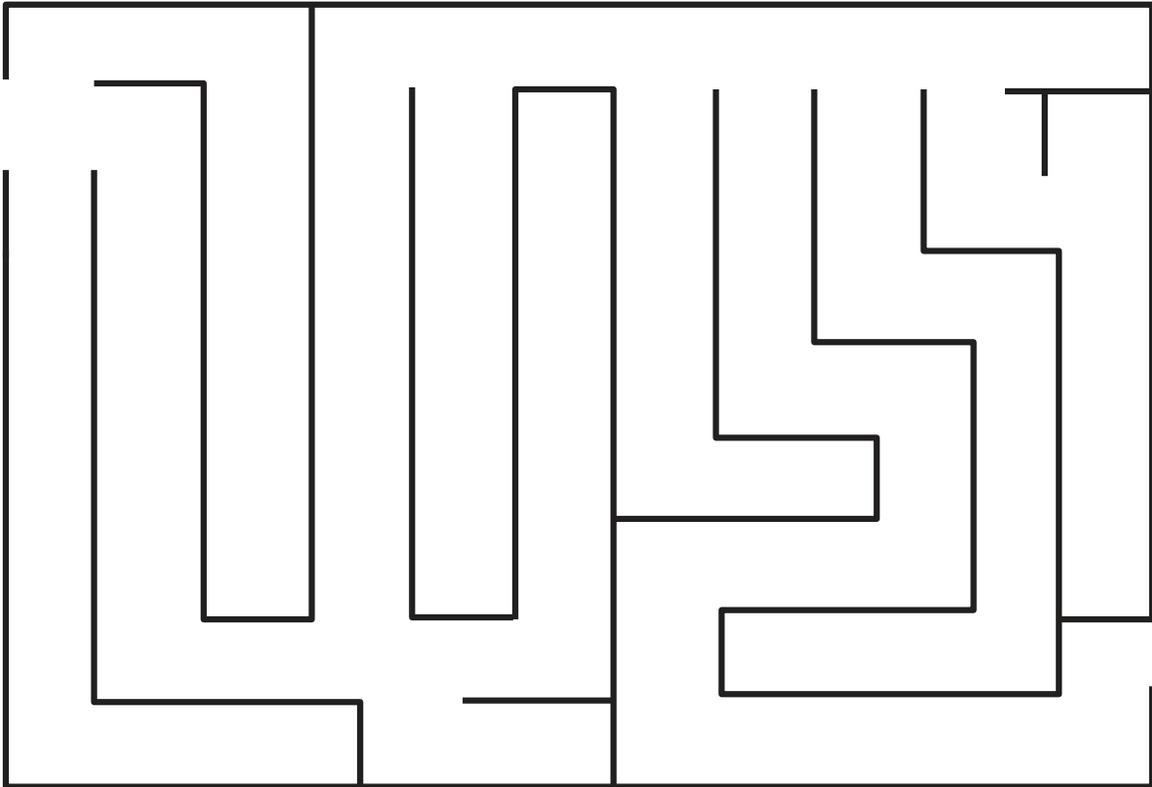
**Follow the maze to help Sami find sunscreen to protect him from the sun.**



START



TM



FINISH

