

# WHAT TO DO ABOUT WANDERING

## CALL 911

Call 911 as soon as you know someone is missing. Tell them when you last saw the person and give first responders a recent photo. Tell them about any diagnoses or medical needs.



## WANDERING

People may wander at any age. They may wander to get to something they like or because they are lost, confused, or scared.



## IDENTIFY TRIGGERS

Be aware of things that could cause wandering like loud noises, bright lights, or changes in routine. If you know the person's triggers, you can create a plan to help prevent wandering.



## HOME SAFETY

Use secure locks and alarms on your doors and windows. Consider using stop signs on doors to remind the person not to leave.

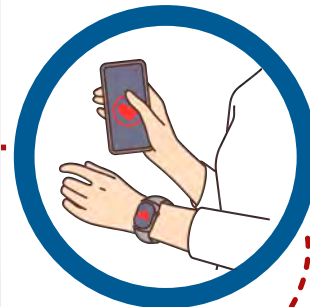
## WATER SAFETY

Teach anyone who wanders how to swim. Check with your local YMCA or Red Cross for lessons. If the person is missing, search water areas first like pools, ponds, creeks, and fountains.



## WEARABLE DEVICES

Have the person wear an ID with emergency contact information. Ask your fire department and phone carrier about tracking options. Consider enrolling the person in Project Lifesaver. Click Here: [projectlifesaver.org](http://projectlifesaver.org)



## COMMUNITY

Tell people at the person's school or other places they go regularly that they may wander. Explain what to do if the person is missing. Alert local fire and police stations that you live with someone who may wander.



## SELF-HELP AND SAFETY SKILLS

Teach skills to help them calm down. You can use favorite topics or items. Consider using tools like noise canceling headphones.

